

☞ Dates, Time & Place:

**February 18, March 11, April 8, May 20, July 8,
August 12, September 16, October 14, November
18.**

All are Saturdays. Times: 10:30 am to 5 pm.

All classes are in Seattle unless otherwise noted.
Check the website for additional dates & places.
To offer a class in your area, see website.

☞ Registration

Fee: \$325 per Couple in Seattle, \$375 outside

Singles are encouraged to bring along a friend as a
practice partner and sign up as a couple.

You may pay with credit card, on-line at
www.KissingSchool.com

Or

Register by check, payable to Lotus Holistic Therapies.

Mail to:

Cherie Byrd,, PO Box 1046, Vashon WA, 98070

Please include your name(s), address, e-mail,
phone and choice of classes with your registration.
Logistical details will be sent with class confirmation
upon receipt of registration.

☞ Private Classes Available

*Kissing School, Spirit in the Flesh
& the Spirit of Sex*

You and your beloved are welcome to share a private
class in which we can focus upon your particular needs
and gifts. Sessions are held at my office and are 3 hours.
You may come for one or more sessions. Fee: \$375 per
session

☞ Gift Certificates

Gift certificates and invitations are available for
classes and therapy sessions. Invite your beloved
into a deeper experience of loving.

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Also Offering

☞ *Kissing School book!*

Seven lessons on love, lips & life Force

The exciting new *Kissing School!* textbook is now
available in bookstores and at our website.

☞ *Spirit in the Flesh*

tantric energy embodiment training

This is a 4-day training group for engaging the energy
circuitry of chakras and subtle energy bodies. These
practices are used to empower one's health, sexuality
and power in the world

☞ *Spirit of Sex*

the practice of sacred sexuality

The third class in the Kissing School series. After
cultivating an ability to embody and circulate the
bioelectrical energies, one may apply these practices to
deepening one's sexual life. This generates a sacred and
potent context for opening the heart and sharing one's
deepest Self.

☞ *Whiff of Bliss*

Practices for nurturing intimacy

☞ *Private Sessions*

*Holistic Therapy for body, heart,
Mind & spirit*

Cherie is also available for private, individually designed
Holistic Therapy sessions for singles and couples,
including Tantric Energy Work. Sessions are a unique
blend of practices for healing, integration, and evolution;
covering a wide range of therapeutic issues for personal
and relationship growth.

Details: www.LotusHolisticTherapies.com

☞ *Questions & Calendars*

FAQ @ www.KissingSchool.com

E-mail: KissingSchool@aol.com

Call Cherie @ 206.324.2526

Kissing School®

2006



There is some kiss
we want with our whole life,
the touch of spirit on the body.

~ Rumi

Do you yearn for more electricity,
sweetness, or depth
in your loving?

Consider an invitation to...

☞ Cultivate the Inner Lover

We yearn for the soulful presence of the beloved. We ache to feel our own flood of communion offered and embraced. We wonder where this depth of lusciousness is found.

Where does chemistry come from?

☞ Discover a source within

Creating chemistry is an internal process. Our deepest selves are reservoirs of sweetness and energy waiting to be offered. Attuning our body/mind to ignite and resonate with this vibrational frequency of luscious energy, while cultivating *the kiss sublime*, is what *Kissing School!* is about.

In this playshop you will discover practices for the cultivation of the kiss; variations on style are developed, permissions given, and Tantric kissing secrets revealed.

While this is going on, we will also be amping up your internal energy throughout the day by engaging the bioelectrical energy circuitry of your body, mind, heart and soul, developing a dynamic attunement to intimacy.

This gift of flowing energy is then offered within the evolving kiss.

Kissing School! is a day of juicy fun and offers tools that will be available to every kiss thereafter. No previous experience with Tantra or energy work is necessary, chapstick may be!

There is more behind a kiss
than meets the lips.

Teri Wilson, songwriter & musician

☞ This is an experiential class!

The art, style, and power of the *kiss* will be tasted, developed and shared with your partner.

Tantric energy practices include: grounding, centering, beginning chakra balancing and running energy, with particular attention to energizing the heart chakra.

These exercises activate the bioelectrical circuitry of the bodymind & soul, and greatly enhance the qualities of presence, passion and intimacy in any relationship.

Each exercise will offer an opportunity to expand your potential for offering and for receiving. Risking, boundaries, courage, power issues, and bliss tolerances may be challenged as we open to our energetic fullness, and our deepest heart.

The tender merging of lip and tongue while being fully *in* our body, deeply grounded, while breathing openly, with chakras flowing, evokes a profoundly nourishing state of being.

Deep connection brings more of us to life, and our living is greatly enriched.

☞ The students

You will find a variety of classmates joining you for this playshop. Usually they range from their mid-twenties to mid-sixties.

Some have been married for 20 years and are looking for fresh inspiration. Some students are planning marriage and want to make certain they have the skills for continuing to cultivate their intimacy.

Others are single and exploring new relationships; or they have not been in relationship recently and desire some new tools for further explorations.

Some students come because they seem to have missed out on earlier instruction, or because they feel there's always something more, something deeper to learn about loving.

Singles will need to invite a playmate to come along and explore the land of kissing with them. They'll thank you for it!

You will be practicing only with your partner, and there is no nudity or explicit sex.

☞ The teacher

Cherie Byrd MA, is a holistic psychotherapist in Seattle specializing in cultivating wholeness using Tantric, Taoist, and Shamanic kundalini energy practices for igniting the circuitry of body, heart, mind & spirit.

Cherie holds degrees in Holistic Health and in East/ West Psychology from Antioch University. She has been facilitating playshops on sexuality, spirituality and energetic embodiment in the Northwest and Canada for over 25 years.

Cherie is a pioneer in the fields of Energy Psychology, Sacred Sexuality & Energy Medicine. She has spent many years experiencing and integrating her personal kundalini energy awakening, the power training from within.

